

The Shaolin-Do Association proudly presents:

COMBAT HSING - I 形意拳

Hsing-I Chuan (Xing Yi Quan)

Fighting Applications

As transmitted by Shaolin Grandmaster Sin Kwang Thé, the autumn of 1987

**Presented by veteran Shaolin-Do Internal Systems
Senior Instructor, Jerome Albert Cook**

Training in powerful ancient training secrets, advanced techniques and cunning tactics of one of the most formidable of the Shaolin temple's lethal Internal arts. Expand your traditional forms practice & theory to a new fearsome skill level. Learn the footwork that allowed Hsing-I Chuan Master "Divine Crushing Hand" ("Half-Step" Kuo Yun Shen) to fight Pakua Chang Master "Tung Hai-Chuan" to a draw.

(This is an not instruction for our formal Hsing-I testing forms or Shattering Fist)

Bring protective fore-arm pads, grappling/sparring gloves & mouth-guard

Saturday, May 30th, 2009 10 AM – 3 PM *(lunch noon- 1)*

Joe Harmon's [Blue Ash](#) Shaolin-Do

10933 Reed Hartman Highway Suites A & B,
Blue Ash (Cincinnati), OH 45242, (513) 530-5425

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Name: _____ Email: _____

Address: _____ Instructor _____

City: _____ State: _____ Zip: _____

| Shaolin-Do students only | Pre- registration | At the Door |
|--|------------------------------|--------------------|
| No prerequisites | \$70.00 | \$80.00 |
| contact@ohioshaolindo.com (513) 623- 6495 | | |

Check, Money Order or Cash (Registration begins at 9:30 AM)

Please make checks payable to: [Ohio Shaolin-Do](#) **DVD info will follow to attendees**

Waiver of Liability: It is expressly agreed that use of the event facilities, participation in SDA advertised outside activities, events and transportation provided by the SDA shall be undertaken by a member or guest at his/her sole risk and the SDA shall not be liable for any injuries or any damage to any member or to the property of any member or be subject to any claim, demand, injury or damages whatsoever; and shall not be responsible or liable to members or their guests for articles damaged, lost -stolen in or about the facilities or for loss or damages to any property including but not limited to automobiles and contents thereof.