

Tri-County Shao-lin Do proudly presents Elder Master Leonard's Tri-County Seminar



Yen Yang Tue - Twin Whirling Leg From the White Crane System.

Saturday, May 9, 2009 from 10:00 AM until 12:00 PM
Baptist Family Fitness / Tri-County Shao-Lin Do
440 West Cumberland Gap Parkway
Corbin, KY 40701

The Crane system is known for sinew training, developing balance and grace. This is also characterized by low sweeps, one legged stances, use of the hand as a beak, finger tips to flick the eyes like the tips of the crane's wings and circular flowing movements of the arms like a bird's wings. The cost for this seminar is \$100. If you pay by check, please make it out to the **Sin Thé Karate School**. For more information, please contact Master Eric Burke via email at tcshaolindo@gmail.com or by calling (606) 526-0007. You may send your registration and payment to Master Eric Burke or Sifu Sherry Duncum.

Registration form for **Yen Yang Tue'**

Name: _____ Phone: _____

Address: _____

City: _____ State: _____ Zip: _____

Teacher: _____ Email: _____

Video cameras encouraged! Sorry no refunds.

Open to all Shao-lin Do students of schools sanctioned by Grandmaster Sin Kwang Thé