

The Shaolin-Do Association and the Sin Thé Karate School proudly present

Chou Kuo Chu Seminar

Open to all Shaolin-Do Black Belts and SDA Members of any Rank!

Please wear a gi, like Grandmaster Sin Thé's, to the seminar!

Saturday, July 14th, 2007 from 9:00 AM – 12:00 PM

Sin Thé Karate School

282 Gold Rush Rd.

Lexington, KY 40503

Elder Master Leonard has asked Associate Master Ben Collins to teach Chou Kuo Chu, of the Eight Drunken Immortals system in Lexington on Saturday, July 14th. This kata is required for rank advancement from 4th to 5th Degree Black Belt and is arguably the hardest (physically) form Grandmaster Sin Thé has ever taught! It requires a fair amount of gymnastic skills, including front handsprings, aerials, kip-ups, and tiger dives. If you don't know what those are, or if you can't do some (or all) of them, don't worry! There are plenty of other skills for you to learn in this kata to increase your martial arts abilities. Learn to move and weave in the off-balance style of the drunken system to throw off your opponent's timing and distance. Video cameras are welcome at this event.

Please fill out the registration form below and mail it to:

Shaolin-Do Association
c/o Sin Thé Karate School
282 Gold Rush Road
Lexington, KY 40503

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Registration form for the Chou Kuo Chu Seminar

**** For preregistration, we must receive this form on or before July 6th ****

Name: _____ Email: _____
Address: _____ Phone #: _____
City: _____ State: _____ Zip: _____ Rank: _____

Circle price and enter at right	Preregistration	At the Door	Total
SDA Members – Any Rank	\$100.00	\$120.00	\$
Non-SDA Shaolin-Do Black Belt	\$120.00	\$140.00	\$
Not an SDA Member? Just now (\$50) and get the SDA rates!			\$
Circle: Visa MasterCard Amex	Name on Card:		
Credit Card #:	Signature:		
Exp Date:			

Please make checks payable to the Shaolin-Do Association. Sorry, no refunds!
For the latest updates and for more information, please visit www.shaolin-do.com.