

Grandmaster Sin Thé and the Shaolin-Do Association proudly present

2nd Road of the Shaolin Lost Tracking Fist & White Crane Chi Kung Seminars

Open to all Shaolin-Do students (in good standing with Grandmaster Sin Thé) of any rank!

Saturday, June 13th at the Sin Thé Karate School in Lexington, KY
9:00 AM - 11:00 AM — 2nd Road of the Shaolin Lost Tracking Fist
1:00 PM - 3:00 PM — White Crane Chi Kung, Part 3

Grandmaster Sin Thé will teach two seminars on Saturday, June 13th! From 9:00 AM - 11:00 AM, he will teach the 2nd Road of the Shaolin Lost Tracking Fist. This form picks up where the 1st Road left off and continues the illusive movement and footwork of the drunken system and the twisting hand movements of the 10,000 Lotus Blooming system. It is 4 sections and contains 44 postures. Then from 1:00 PM - 3:00 PM, Grandmaster Sin Thé will continue teaching the White Crane Chi Kung training. Part 3 is known as the Crane's Head Penetrates the Joints. This series of meditative exercise focuses on the neck, hips, and knees.

It is important to know that you do NOT need to have attended or learned either the 1st Road of the Shaolin Lost Tracking Fist or the previous White Crane Chi Kung exercises in order to attend one or both of these seminars. If you attend both of these seminars, you'll receive a \$20 discount! Prices at the door will be \$10 more per seminar. **DVDs must be preordered and will be handed out at the seminar** – no exceptions!

Please fill out the registration form below and mail it to:

Shaolin-Do Association
282 Gold Rush Road
Lexington, KY 40503

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Registration form for the Lost Tracking Fist (2nd Road) and White Crane Chi Kung (Part 3) Seminars

**** For preregistration, we must receive this form on or before June 5th ****

Name: _____ Email: _____
Address: _____ Phone #: _____
City: _____ State: _____ Zip: _____ Rank: _____
Instructor: _____ Phone #: _____

| Circle price and enter at right | Preregistration (Door Prices will be \$10 more per seminar) | | | Total |
|---|--|-------------|-------|-------|
| | Lost Tracking Fist | White Crane | BOTH | |
| SDA Members – Any Rank | \$85 | \$70 | \$135 | \$ |
| SDA Members – Lifetime* & Black Belt | FREE! | | | \$ |
| Non-SDA – Lifetime* & Black Belt | \$50 | \$50 | \$80 | \$ |
| Non-SDA Shaolin-Do Black Belt | \$110 | \$95 | \$160 | \$ |
| DVD | \$39.95 | n/a | n/a | \$ |
| Not an SDA Member? Join now (\$50) and get the SDA rates! | | | | \$ |
| TOTAL | | | | \$ |
| Circle: Visa MasterCard Amex | Name on Card: _____ | | | |
| Credit Card #: | Signature: _____ | | | |
| Exp Date: | | | | |

**Lifetime memberships must have been purchased directly from Grandmaster Sin Thé to count for free or reduced admission prices. Please make checks payable to the Shaolin-Do Association. Sorry, no refunds! The SDA reserves the right to refuse admittance to anyone for any reason. For the latest news and updates, visit www.shaolin-do.com, or follow us on Twitter at [@shaolindoassoc](https://twitter.com/shaolindoassoc)!*